

## We celebrate Shivaratri!

The resonance of the sound in the universe represents the cosmic consciousness which manifests itself from the One into multiple forms. Thus a change takes place, from cosmic consciousness to individual consciousness.

*As Holy Guruji said; "One in all and all in One"*

**Shiva** means light and consciousness, Shiva is the essence of the sound which gives light, life and form to everything. **Ratri** is the ignorance of darkness, pain and suffering. So it is the light of Shiva which awakens life in each atom and in each living being, this is the aspect of Shakti, the power of the universe and the energy which unifies Shiva. This is the pure consciousness and the arising light, which is like the bright radiance of a million suns.

During the whole month of Shivaratri there is an energy which has a positive influence on all living beings. Those who seek to obtain God and pure consciousness an easily do so, and those with clear thoughts and happiness in their hearts will be filled with more contentment. Bhaktas, devotees who understand this can experience significant spiritual development. This is a time blessed by the almighty Swayambhu, Sada Shiva who always fulfils the wishes of everyone.

A disciple can prepare for the time of Shivaratri by having positive thoughts and avoiding the negative attitudes of hate, jealousy, greed, selfishness and passion.

Devon Ki Dev Mahadeva, means the God of the Gods, Swayambhu (Shiva) is the first and the greatest, the God of all Gods. He drank poison to purify the sins and karmas of all living beings, not only from those who believe in him but from all living beings. This poison is the symbol of our sins. Through HIM and his existence as grace, all living beings can enter into the Supreme state of cosmic consciousness. His radiance is in all atoms, in the entire nature covering the whole earth. He is nurturing the whole creation, controlling, mastering over and calming all Asura Shaktis (negative energies).

Meditate on Shiva to purify your body, mind, soul, thoughts and consciousness so that your Jivatma can dance in the cosmos of the wonderful blue Lokas.

Let the individual consciousness merge into universal consciousness and hold on to mother Shakti, OM SHAKTI.

I wish you a divine and blessed Mahashivaratri, with the light of Sri Devpuriji, the grace of Sri Mahaprabhuji, and the guidance of Sri Holy Guriji.

OM NAMAH SHIVAYA

OM TRYAMBAKAM YAJĀMAHE  
SUGANDHIM PUSHTIVARDHANAM |  
URVĀRUKAMIVA BANDHANĀN  
MRITYORMUKSHĪYA MĀMRITĀT ||  
OM SHĀNTIḤ SHĀNTIḤ SHĀNTIḤ

*With love, Vishwaguruji*